



3959 Electric Rd Ste 390
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brccva.org

Distance Consultation Groups

Format. BRCC offers groups 3-4 times per year to discuss counseling cases, questions, and more generally to provide education and support especially for church-based pastoral and lay counselors nearing the end of their training or who are presently active in ministry.

Goals. Participants have the opportunity to present cases roughly every other meeting, and the group leader offers questions, feedback, and input toward the goals of strengthening conceptualization, process, and care planning. Participants also grow in these skills by discussing the cases that other participants present. Since there is no substitute for what is gained by a wide range of case knowledge, it's our belief that this kind of context provides one of the best ways to grow as a counselor.

Consultation is offered by senior staff all with the same years of experience, but with differing areas of counseling focus. We currently offer one biweekly group meeting on Tuesday nights (8pm) and one on Thursday afternoons (1pm).

The cost is \$30 per meeting, and we ask that participants commit to attending at least 50% of the 10 sessions offered each term. We seek to operate as a ministry, so we retain some flexibility with regard to fee.

For further questions, or to sign up, please email Michael Gembola at michael@brccva.org.